



Outlook Gwinnett Led Vendor Led Offsite Event Resident Led	🎃🍁 LET THE DOOR WARS BEGIN! 🍁🎃 Outlook Gwinnett’s First Seasonal Door Wars! 📅 Decorating Begins: October 1st 🎃 Decorating Ends: October 31st 🏆 Winner Announced: October 31st at 12:30 PM in the Bistro			Thur 1 9:30am Stretch & Walk w/ Angelia 11am Clder & Donuts with Alex Comfort Living Noon Color & Diamond Art in Bistro 4pm Poker in Bistro	Fri 2 10am Coffee & Conversations Noon Zumba w/ Marbie in Studio 2pm SBA Medicare Presentation 5pm Happy Hour in the Sports Lounge 6pm Movie Club in Theater	Sat 3 ALL DAY “DAY OF UNITY” WEAR YOUR ORANGE TODAY 10:30am Yoga with Lori in Studio 1pm Craft with Ericka in the Bistro 6pm Trivia Sports Lounge
Enjoy your community’s amenities Sun 4	Mon 5 10am Outlook Breakfast BAGELS! 10:30am Sit, Tone, & Balance 1pm Movies in Theater 4pm Monday Bingo in Game room	Tue 6 10am Chair Zumba in Studio 2 pm “Heart of the Community” Meeting in Great Room 4pm Tuesday Bingo in Game room	Wed 7 11am Bible Study in Great room 1pm Mexican Train in Bistro 4pm Sip & Social in Sports Lounge 5pm Line Dancing - Pop, Jazz & R&B 6pm Hand & Foot in Bistro	Thur 8 9:30am Stretch & Walk w/ Angelia Noon Color & Diamond Art in Bistro 4pm Poker in Bistro 6pm Awareness Walk (Breast Cancer Awareness)	Fri 9 10am Coffee & Conversations 11am-2pm Lanier Produce Market in the Lobby 5pm Happy Hour in the Sports Lounge 6pm Movie Club in Theater	Sat 10 10:30am Yoga with Lori in Studio Noon AI Class for Seniors w/ Yulonda 6pm Trivia in Sports Lounge
Enjoy your community’s amenities Sun 11	Mon 12 10am Outlook Breakfast “SWEET BISCUIT BITES”! 1pm Movies in Theater 4pm Monday Bingo in Game room	Tue 13 10am Chair Zumba in Studio 1pm Mary Kay with Mary in Great Room 3pm Meet & Greet 4pm Tuesday Bingo Game room	Wed 14 10:30am Meditation w/ Julia 11am Bible Study in Great Room 1pm Mexican Train in Bistro 4pm Sip & Social in Sports Lounge 5pm Line Dancing - Pop, Jazz & R&B 6pm Hand & Foot in Bistro	Thu 15 9:30am Stretch & Walk w/ Angelia Noon Color & Diamond Art in Bistro 2PM OCTOBER Birthday Celebration in Bistro w/ Brandon Crocker 4pm Poker in Bistro 6pm Awareness Walk (Domestic Abuse Awareness)	Fri 16 10am Coffee & Conversations Noon Zumba w/ Marbie in Studio 4pm 80's Karaoke Theme 5pm “SPOOKY SPIRITS” in the Sports Lounge 6pm Movie Club in Theater	Sat 17 10:30am Yoga with Lori in Studio 1pm“Howl-O-Ween Treat pup Cups” 6pm Trivia in Sports Lounge
Enjoy your community’s amenities Sun 18	Mon 19 10am Outlook Breakfast BAGELS! 10:30am Sit, Tone, & Balance 1pm Movies in Theater 4pm Monday Bingo in Game room	Tue 20 10am Chair Zumba in Studio 11am Presentation w/ Northside by Edward Young Hip & Knee 1pm Book Club in Great room📖 4pm Tuesday Bingo in Game Room	Wed 21 11am Bible Study in Great room 1pm Mexican Train in Bistro 4pm Sip & Social in Sports Lounge 5pm Line Dancing - Pop, Jazz & R&B 6pm Hand & Foot in Bistro	Thu 22 9:30am Stretch & Walk w/ Angelia Noon Color & Diamond Art in Bistro 2pm Volunteer your time 4pm Poker in Bistro	Fri 23 10am Coffee & Conversations 5pm-7pm OUTLOOK GWINNETT FALL FESTIVAL🍁 6pm Movie Club in Theater	Sat 24 10:30am Yoga with Lori in Studio 5pm Yard Sale in Bistro 6pm Trivia in Sports Lounge
4pm Resident Potluck last Sunday of each month. All are Welcome! Sun 25	Mon 26 10am Outlook Breakfast “SWEET BISCUIT BITES”! 1pm Movies in Theater 4pm Monday Bingo in Game room 5pm Music by Jason Gardner	Tue 27 10am Chair Zumba in Studio Noon Resident lunch meet up TBA 1pm Craft with Joan in the Bistro 4pm Tuesday Bingo in Game room	Wed 28 10:30am Meditation w/ Julia 11am Bible Study in Great Room 1pm Mexican Train in Bistro 4pm Sip & Social in Sports Lounge 6pm Hand & Foot in Bistro	Thur 29 9:30am Stretch & Walk w/ Angelia Noon Color & Diamond Art in Bistro 1pm “SHOW YO’ BAKE OFF” 4pm Poker in Bistro	Fri 30 10am Coffee & Conversations 11am Presentation from Secured Choice w/ Edward in Great Room Noon Zumba w/ Marbie in Studio 12:30pm DOOR WARS FINALE 5pm Happy Hour in the Sports Lounge 6pm start of OUTLOOK 24 HOUR GAME NIGHT!!	Sat 31 10:30am Yoga with Lori in Studio 12pm Putting Contest 5pm Trivia in Sports Lounge



This month, we are proud to shine the spotlight on a lovely couple at Outlook Gwinnett!

☀️ **RESIDENT SPOTLIGHT: Jeff & Suzanne McGowan** ☀️

🎉 We're so happy they chose Outlook Gwinnett as their family community! This month, we are proud to shine the spotlight on a lovely couple at Outlook Gwinnett, say congrats to the "McGowan's"! 🎉

Jeff & Suzanne

Originally from Chicago, Illinois, Jeff and Suzanne have spent their lives making memories, traveling to cities across the U.S., raising a family, and enjoying plenty of friendly competition along the way!

Jeff owned and operated a delivery service for more than 30 years, while Suzanne dedicated her career to working with special education students. And when it comes to hobbies, this couple knows how to stay active! From bowling and golf to ball games, they've always enjoyed finding fun things to do together. Suzanne even competed as a semi-pro bowler, earning several tournament wins! 🏹

And if you hear a little cheering for the Cubs or "Da Bears" around Outlook, you may have found Jeff and Suzanne! 🕒🏈❤️

✨ 55+ and Loving the Next Chapter

For Jeff and Suzanne, turning 55 isn't about slowing down—it's about starting something new. As they put it, "Being 55 is not old; it's the beginning of a new chapter in life and taking stock of ourselves to be a better person."

That outlook perfectly matches what brought them to Outlook Gwinnett. Being close to their son and family was important, but they also loved the idea of an active adult community that matched their lifestyle. With amenities like the pool, workout area, and a calendar full of events, Outlook offered opportunities to stay active, meet people, and enjoy life.

But finding the right home was only part of the journey. Once Jeff and Suzanne met their neighbors, they knew they had found something even more special—a place that truly felt like home. 🏡❤️

Welcome to the Outlook Gwinnett family, Jeff & Suzanne! We're so happy you're here! 🎉

PLEASE NOTE THAT RESIDENT-LED EVENTS ARE ORGANIZED BY RESIDENTS, FOR RESIDENTS. THESE EVENTS ARE PLANNED AND FACILITATED BY FELLOW RESIDENTS. IF YOU HAVE ANY QUESTIONS, COMMENTS, OR NEED ADDITIONAL DETAILS ABOUT A RESIDENT-LED EVENT, PLEASE REACH OUT IN THE GROUPME CHAT. THANK YOU FOR YOUR PARTICIPATION AND ENGAGEMENT!

Special thanks to all of you at
Outlook Gwinnett for supporting all of the September 2026 events.

Upcoming Events:

- Fall Fashion Show 11/20
- Thanksgiving Dinner 11/25

November Awareness:

1. November 2–8: International Stress Awareness Week
2. November 4: National Stress Awareness Day
3. November 11: Veterans Day / Remembrance Day (Red/Poppy)
4. November 13: World Kindness Day
5. November 14: World Diabetes Day (Blue)
6. November 19: International Men's Day
7. November 21: International Survivors of Suicide Loss Day (Purple/Yellow)
8. November 26: U.S. Thanksgiving Day

See our lifestyle for yourself!

Live here
Live well.



Happy Birthday:

Eileen V.E., Joan L., Iris E., Yolanda U., Tamera B., Monnie R.,
Shirley M., Karlyn P., Zee G.M., Alonzo W., & Angelia D.

Outlook Gwinnett would like to encourage
all to take your memories and share them
with social media

🎃👹 LET THE DOOR WARS BEGIN! 👹🎃

Outlook Gwinnett's First Seasonal Door Wars! 🏆



**Get ready to show off your creativity, personality, and holiday spirit! We're kicking off our FIRST-
EVER Seasonal Door Wars this October, and we want to see your door transformed into something spooktacular! 🧛🕷️🎃**

📅 Decorating Begins: October 1st

🎃 Decorating Ends: October 31st

🏆 Winner Announced: October 31st at 12:30 PM in the Bistro

Decorate your door throughout the month and make it fun, festive, spooky, creative, or uniquely YOU!

At the end of the month, we'll crown our October Door Wars Champion! 👑🎃

So grab your decorations, unleash your creativity, and let the friendly competition begin!

Who will have the BEST door on the block? 👁️ 🏠



May the best door WIN! 🎃❤️

Don't miss a beat—RSVP to save your seat!

All resident events are listed in the "RSVP" binder located on the table in front of the fireplace in the Bistro.

Please be mindful when signing up for events. All major events will be pulled from folder 2 days in advance
We look forward to seeing you there!



Please read weeklies for event information.

GREYSTARTM



55+

Please support Outlook Gwinnett by commenting and sharing social media posts! Share the things you love about your community with a picture or just by sharing the love!